

## Deskripsi Modul: Dasar Kesehatan Reproduksi dan KIA

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| <b>Nama Modul</b>  | Modul Mata Kuliah  |
| <b>Level Program Studi</b>                                   | Sarjana Kesehatan Masyarakat (SKM)   |
| <b>Kode Mata Kuliah</b>                                      | 205K1212   |
| <b>Sub Judul, jika ada</b>                                   | -  |
| <b>Nama Mata Kuliah</b>                                      | Dasar Kesehatan Reproduksi dan KIA   |
| <b>Disajikan pada Semester</b>                               | III  |
| <b>Penanggung Jawab Modul</b>                                | Rahma, SKM, MSc(PHC)   |
| <b>Tim Pengajar</b>  | <ol style="list-style-type: none"> <li>1. dr. Muhammad Ikhsan, MS.</li> <li>2. Prof. Dr. A. Ummu Salmah, SKM.,M.Sc.</li> <li>3. Dr. Apik Indarty Moedjiono, SKM.,M.Si.</li> <li>4. Rahma, SKM, MSc(PHC)</li> </ol>   |
| <b>Bahasa</b>  | Bahasa Indonesia   |
| <b>Kaitan dengan Kurikulum</b>                               | Mata Kuliah ini MK wajib yang disajikan pada semester ke 3.  |
| <b>Type of teaching, contact hours</b>                       | <p>Teaching methods used in this course are:</p> <ul style="list-style-type: none"> <li>- Lecture (Basic information, computer application and discussion)</li> <li>- Oral Presentation</li> </ul> <p>The class size for lecture is approximately 70 students.<br/>Contact hours for lecture are 27 hours, assignments are 32 hours, and presentations are 2 hours.</p>  |
| <b>Workload</b>  | <p>For this course, students are required to meet a minimum of 91 hours in one semester, which consist of:</p> <ul style="list-style-type: none"> <li>- 27 hours for lecture,</li> <li>- 32 hours for structured assignments and fieldwork assignments,</li> <li>- 32 hours for private study</li> </ul>   |
| <b>Credit points</b>   | 2 credit points (equivalent with 6.63 ECTS)  |
| <b>Requirements according to the examination regulations</b> | Students must have attended all classes and submitted all class assignments that are scheduled before the mid and final tests.   |
| <b>Recommended prerequisites</b>                             | -  |
| <b>Module objectives/intended learning outcomes</b>          | <p>After completing the course, students are supposed to achieve:</p> <p><b>CLO1:</b> Students will be able to explain the human reproductive system as well as the concept and the importance of reproductive health and MCH in improving public health status of women and children in Indonesia</p> <p><b>CLO2:</b> Students will be able to explain the basic theoretical concepts of reproductive health and maternal and child health, and able to explain the management of basic reproductive health services and MCH.</p> |

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| <b>Content</b>   | <p>Students will learn about:</p> <ol style="list-style-type: none"> <li>1. Definition, Goals and Targets of Reproductive Health and MCH</li> <li>2. Human Reproductive and Healthy Reproductive System</li> <li>3. Basic theory of pregnancy, childbirth and the puerperium</li> <li>4. Maternal, infant and child deaths</li> <li>5. Nutrition and Reproductive Health</li> <li>6. Problems of disorders and problem solving in Reproductive Health cases</li> <li>7. Danger Signs in Pregnancy, childbirth, and puerperium</li> <li>8. Problems Occurring in Labor and Postpartum</li> <li>9. Sex Education and Sexually Transmitted Disease</li> <li>10. Basic Service Management of Reproductive Health and MCH</li> <li>11. Socio-Cultural Cases of Reproductive Health and MCH</li> <li>12. Menopause, Marriage Advice and Counseling</li> </ol>   |
| <b>Forms of Assessment</b>   | <ol style="list-style-type: none"> <li>1. Structured assignments: 35%</li> <li>2. Individual and group presentation: 20%</li> <li>3. Written exam: 35%</li> <li>4. Class attendance and participation: 10%</li> </ol>   |
| <b>Study and examination requirements and forms of examination</b> | <p><b>Study and examination requirements:</b></p> <ul style="list-style-type: none"> <li>- Students must attend 15 minutes before the class starts.</li> <li>- Students must switch off all electronic devices.</li> <li>- Students must inform the lecturer if they will not attend the class due to sickness, etc.</li> <li>- Students must submit all class assignments before the deadline.</li> <li>- Students must attend the exam to get final grade.</li> </ul> <p><b>Form of examination:</b><br/>Written exam: Essay</p>  |
| <b>Media employed</b>  | Video and PowerPoint Presentation.  |
| <b>Reading list</b>  | <ol style="list-style-type: none"> <li>1. Heffner, Linda J. &amp; Danny J. Schust. 2006. At a Glance Sistem Reproduksi. Erlangga, Jakarta.</li> <li>2. Marmi. 2013. Kesehatan Reproduksi. Pustaka Pelajar, Yogyakarta.</li> <li>3. Nugroho, Taufan &amp; Bobby Indra Utama. 2014. Masalah Kesehatan Reproduksi Wanita. Nuha Medika, Yogyakarta.</li> <li>4. Pinem, Saroha. 2009. Kesehatan Reproduksi dan Kontrasepsi. Trans Info Media, Jakarta</li> <li>5. Kusmiran, Eny. 2011. Kesehatan Reproduksi Remaja dan Wanita. Salemba Medika, Jakarta.</li> <li>6. Foster, George M dan Barbara G. Anderson 1986 Antropologi Kesehatan, diterjemahkan oleh Meutia F. Swasono dan Prijanti Pakan. UI Press, Jakarta.</li> <li>7. Kalangi, Nico S 1994 Kebudayaan dan Kesehatan. Megapoin, Jakarta.</li> <li>8. Baziad, Ali. 2003. Menopause dan Andropause. Yayasan Bina Pustaka Sarwono Prawihardjo. Jakarta.</li> <li>9. Proverawati dan Sulistyawati, 2010. Menopause dan Sindrome Premenopause. Nuha Medika. Yogyakarta.</li> <li>10. Walgito, Bimo. 2004. Bimbingan dan Konseling Perkawinan. Andi Offset. Yogyakarta.</li> </ol> |

## Course Learning Outcome Assessment of Learning Outcomes for Course Modules

**Course Module Name** : The Basic Concept of Reproductive Health & Maternal-Child Health  
**Code** :  
**Semester** : III  
**Person responsible for the module** : Rahma, SKM, MSc(PHC)  
**Lecturers** : dr. Muhammad Ikhsan, MS.  
 Prof. Dr. A. Ummu Salmah, SKM.,M.Sc.  
 Dr. Apik Indarty Moedjiono, SKM.,M.Si.  
 Rahma, SKM, MSc(PHC)

| Intended Learning Outcomes   | Course Module Objectives  | List of Assessments  | List of Rubrics   |
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| <b>Knowledge (K1):</b><br>Students will be able to contribute to the improvement of public health status independently, disciplined, and responsibly based on Pancasila. | <b>CLO1:</b> Students will be able to explain the human reproductive system as well as the concept and the importance of reproductive health and MCH in improving public health status of women and children in Indonesia | <b>Written exam:</b> Essays<br>- Mode of delivery: Online through Learning Management System (LMS) & paper-based exam.<br>- Total number of questions: 10<br>- Each question must be completed within 5 minutes.<br>- Duration of exam: 50 minutes.  | <b>Rubric for Essay Questions</b><br>- Scored 10, if the answer is correct.<br>- Scored 5, if half answer is correct<br>- Scored 0, if the answer is wrong.<br>- Final grade= Total corrected items divided by total items multiply 100.                                    |
| <b>Skill (S1):</b><br>Students will be able to explain the basic concepts of public health science in improving public health status.                                    | <b>CLO2:</b> Students will be able to explain the basic theoretical concepts of reproductive health and maternal and child health, and able to explain the management of basic reproductive health services and MCH.      | <b>Written exam:</b> Essays<br>- Mode of delivery: Online through Learning Management System (LMS) & paper-based exam.<br>- Total number of questions: 10<br>- Each question must be completed within 5 minutes.<br>Duration of exam: 50 minutes.<br><br><b>Assignments:</b><br>- Write an essay about one of reproductive health (or MCH) problems in Indonesia, the current issue and the alternative efforts for solving the problem. | <b>Rubric for Essay Questions</b><br>- Scored 10, if the answer is correct.<br>- Scored 5, if half answer is correct<br>- Scored 0, if the answer is wrong.<br>Final grade= Total corrected items divided by total items multiply 100.<br><br><b>Rubric for assignments</b> |

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|  |  | - Oral presentation and discussion about the issue. |  |
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### **Example of Written Exam**

1. The World Population Conference in Cairo in 1994 has received substantial attention and comments from the mass media and a large circle of experts in the world including Indonesia. What are the impact and changes in Indonesian policy related to maternal and child health services in Indonesia after the conference in 1994?
2. Explain the definition of reproductive health!
3. Describe how reproductive health topics or cases are addressed with life cycle approachment!
4. What are the role and the importance of family planning and contraceptive usage in improving reproductive health?
5. Give an example of reproductive health problems and the phenomena of the case in Indonesia!
6. What is Sexual Transmitted Disease and what are the causes?
7. How HIV is transmitted?
8. What kind of reproductive health problems that elder people face?
9. Explain what reproductive rights that a woman can have!
10. Why maternal and child death rate are still high in Indonesia?